

POST-TREATMENT CARE INSTRUCTIONS

General Notes

- Physicians commonly use freezing agents to destroy warts and skin lesions. Most patients experience little or no pain from this treatment, but if you do, please consult with your physician about taking aspirin (adults only), ibuprofen, or acetaminophen.
- It is ok to bathe and shower, but try to keep the treated area as dry as possible.
- No bandage is necessary but may be used to protect the healing area from injury or irritation. Try to leave the area open to air as often as possible to promote the crusting/scabbing process.

Days 1–7: Scab Formation

- Within a few hours or days after a successful treatment, the treated area may blister, turn a dark brown or black, or form a scab. This is a normal and desirable result.
- If a large blister becomes present, your physician may drain the blister to relieve pain or discomfort.
- If a scab or crust forms, do not pick, pull, or irritate the scab. The scab will fall off as the treated area heals.

Days 7–14: Scab Sloughing

- It will take approximately 7–14 days for the scab to slough naturally and fall off, depending on lesion type, size, and location as well as your body's healing ability.

Days 14 & After: Healing Phase

- Once the scab has sloughed, the underlying skin may be red, sensitive, or even itch as it heals.
- Do not bandage, irritate, or apply any medications to the treatment site after the scab falls off.
- Normal skin color should return over a few weeks or months.
- Contact your physician if you have any concerns or questions.